

Testimonials



SEASON 5

2020



TESTIMONIES AS PENNED BY THE MENTEES OF THE M&B SEASON 5 FOUNDATION LEVEL PROGRAM.

PART 1 OF 3

ABIGAEI TONUI

TECHNICAL UNIVERSITY OF KENYA
MOMBASA
BSC. ELECTRICAL ENGINEERING

...Scales fell off my eyes and now am recovering my sight.

They've been 6 full months! I want to describe this fullness in me but nothing comes to mind that can suffice. Six months of impact!! We are here to stay! You would be confessing the same too if you've been through the program in Mentorship and Beyond foundation.

They were about 6 of them. Six slides from my friend; an invitation to join M&B. My immediate reaction, of course, was "Oh yes, yet another mentorship program; same content different people" You literally cannot believe my shock when I went there.

M&B rewrote this stereotype of mentorship in a fashion I have never seen or experienced. Actually, they nullified the stereotype altogether.

When I joined the program, I was in a place of detachment from myself. I felt so distant from myself, so far away. I couldn't connect to me, to Abigael, to the person I am on the inside. I couldn't access my motivation. I couldn't get that place within me that contained my dreams, my vision and all that. I could feel it though. Somewhere inside me, I could feel it. I just didn't know where to look. And then I found M&B and oh my goodness. It's like my eyes begun to open in a way I couldn't really control. I have specially loved the one on one sessions. They have been mind-blowing, Deep stuff that restores one's soul are shared. My sight is back and I see my horizon with clarity now.

Am still moving forward. Still growing. Working on becoming.



"One action defeats a thousand intentions"

GIDEON MURITHI

JKUAT
BSC. BUSINESS AND IT

"M&B Increased my confidence in myself and in the direction i had decided to pursue in life."



**"Choose value
over reward"**

I joined M&B season 5 during the months of July where I was enrolled and got to join the Make you become program. During that time, it was the hardest moments of my life because I was just at home due to the covid-19 crisis which had brought all schools to a mandatory break down. This really affected me because of my desire to complete my education and start my journey in entrepreneurship. When I joined M&B, I realized that the problem was not School but the problem was failure to recognize my specific strengths and weaknesses which were to help me navigate through the crisis effectively. After the first stages in mentorship and beyond foundational level, I was able to realize myself and know my best careers that I could venture in and succeed.

M&B changed my life by increasing confidence in myself and in the direction I decided to take of entrepreneurship in life. The ability to utilize my God-given ability in a great manner and how to win in God's grace as taught by the mentors really helped me. This really shaped my direction and created in a never giving up attitude that I now use in my daily life as a shield to any obstacle that comes across my purpose.



Victor Emmanuel
Hotel and Restaurant management
Technical University of Kenya

"All human being were created in God's Image, but likeness is a day to day progress that we get to learn each and every single day."

THIS IS MY JOURNEY, MORE
STILL TO COME IN THE NEXT
LEVEL

I am a chef by profession as well as a photographer, before Mentorship and Beyond, I was employed, working on a day to day shift which is good but I felt that there was more to life than having the same routine every single day. Thus I joined Mentorship and Beyond season 5 which has been amazing.

As I joined M&B, I didn't know how to utilize my time, I went along with every single thing. I didn't have boundaries, goals nor vision, but just after the first meeting of Becoming I got to realize that there is something deep seated in me and I had to start a journey to uncover it.

In M&B, I have been taught time management, that every single moment we have is to be used very wisely and in a way that will add value to me and those around me. I have learnt on how to dream, that **dreams have no budget** therefore I should not fear dreaming.

Allow me to finish with this one point that I got to love mostly at foundation level; that all human being were created in God's Image, But likeness is a day to day progress that we get to learn each and every single day. I have my life to live so do everyone but the choices we make every time is fully on us. So I choose to make right decisions as they will impact my life positively.

My Testimonial

M&B for me has been a tremendous journey for the past six months. It has been the place from where I have drawn a lot of knowledge and sense of direction from. I would say that I was lucky to have acquainted myself with a lot of things about life and business before joining the program, I was also a sub-active Christian as well. However, a lot of pieces pertaining the information and the faith I had, began to compete for top spot in my way of leading life and a mild confusion began to surface. I was not certain whether there is a possibility of being a serious heaven bound Christian and an unbelievably relevant person on earth. Relevant with regard to entrepreneurship, wealth, innovation and success.

In pursuit of answers I came across Mentorship and Beyond, whose mission is *Making you become*. And I began the journey of becoming. I have met a family of enthusiastic and like-minded young people who are ready to make a meaning out of their lives at an early stage. The common goal of pursuing success and aligning ourselves to purpose in a virtuous manner has been our main pillar and drive. Our mentors have devoted a huge amount of time and resources in ensuring that they share their knowledge and skill with the young people. They have selflessly put themselves in the way of youths to make sure they avoid some unnecessary pitfalls and through spiritual guidance, grow tremendously into what they and God intends them to be.

We have had lessons from the bible and directly linked them to our day to day experiences. We have identified ourselves and we are by the help of each other, working tirelessly to make sure we are the next wave of entrepreneurs and influential people that will turn the direction of the market place. I am excited to be moving on to the Graduate class to learn more about business.



REMMY SIMIYU
Actuarial Scientist
JKUAT Alumni

**"I HAVE MET A FAMILY
OF ENTHUSIASTIC AND
LIKE-MINDED YOUNG
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Signature

I joined M& B through a course mate who posted the registration on her whatsapp status and later in boxed me if I was interested. I inquired more about the program and that's how I registered and was called for an interview. Since the start of the program, I have learnt a lot and more so about the side of myself which I didn't know. The acronym CREATE has helped me a lot to navigate the different paths of the generation I am now and also to know how to relate with others.

The bible study sessions have impacted my spiritual life and I would like to give thanks to the coordinators of the program. Not forgetting the one on one sessions. I really appreciate my assigned mentor for the time he abandoned his work to talk to me and mentor me without cost. May the Lord bless all leaders of this program abundantly. The morning sessions were really exciting since we had to wake up very early. I would recommend each if not all the youth under the age bracket of 18-26 to enroll into the program when registration is open. It would really help you.

Thanks a lot for everyone who made this program successful.

"The acronym CREATE has helped me a lot to navigate the different paths of the generation I am now and also to know how to relate with others."



Wiggins Chepkirui
Masters Student in
Actuarial Science
The University of Nairobi

VERONICA MASICHA WAMBULWA

Optometrist - KMTC Alumni 2019

Confession - Grown from a fearful to a very bold and determined girl.



"I discovered that Mentorship and Beyond is a journey , it's a God-centered program , it's an entrepreneurship program also, it is a problem-solving program, where people are free to share their painful experiences and get relieved."

I joined Mentorship and Beyond program 6 months ago through an invite from a friend. I didn't know exactly what the program was meant for, until when I met mentors and the leaders of this great program.

At first I thought, this program was just for business issues, how to make money and becoming rich. However, I took my time listening to these able leaders and I discovered that Mentorship and Beyond is a journey , it's a God-centered program , it's an entrepreneurship program, also, it is a problem-solving program, where people are free to share their painful experiences and get relieved.

I started this journey with my assigned mentor, who became a father and a friend to me. He made me discover both my weakness and strengths. I was a very shy girl, overwhelmed with fear that I couldn't even express myself before people in every walk of life. He made me discover my potential in life." The only way to overcome fear is to face it".

Through this journey of six months, I have been attending the Bible study sessions and this has really built a strong relationship with my God. Sharing bible verses and meditating on them with my fellow mentees with the help of the Holy Spirit, has really helped me. I can even testify of my greatest joy of being part of Mentorship and Beyond family.

Am so grateful that am joining the next level where Entrepreneurship is unveiled to us. I will never stop appreciating the Mentors and the entire leadership of Mentorship and Beyond for their tireless efforts.

The greatest reward will always come from the Almighty God.

Gracious Tehillah

Financial engineering

Strathmore university



"I have found a family of like minded individuals , one that without fail, pull out a sense of humor even in tasks that require a little more than standard motivation."

Jack Ma once said whether you graduate with a diploma, degree or even Ph.D. that is just a certificate your parents paid tuition for. The real challenge, real test, real exam begins when you step out of that college. Allow me bring you home, M&B is a place where one learns beforehand how to shamelessly approach life. The past six months of the foundational level of the program have been one transforming bundle. It is one thing to read mind blowing discoveries from books, but yet another thing to Walk down that path yourself.

The Mentors in M&B are one thing that really, still to this day warms my heart about the whole program. Devoted individuals that take you in as one of their own, groom you, befriend you and through the process, cheer you on.

M&B has taught me to respect my time, reign in my God-given dominion, apply shameless audacity in all my undertakings, and of course, excel. I have found a family of like minded individuals , one that without fail, pull out a sense of humor even in tasks that require a little more than standard motivation. The journey has brought out a game changer in me, my generation is covered as long as my area of dominion is concerned. Well, I mean that. Thank you dear mentors for your consistent acts of giving and the burning desire to see youths rise up to be what God preordained them to be and do.

.....M&B, making you become.....

"I WAS BLIND BUT NOW I SEE' MOMENTS."

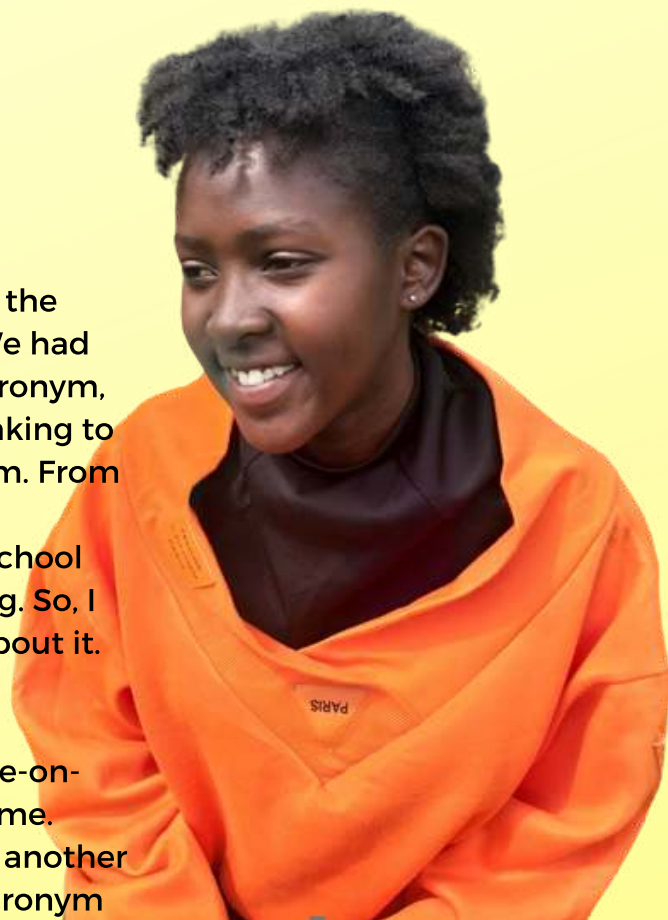
Six months since I joined M&B, and I must say that I have had an amazing journey of self-discovery. I first heard of M&B in High School, from a friend and we made it an 'after form four' plan. We did not join immediately after high school but I cannot complain about the timing.

I joined M&B when I was trying to find who I was, accept and be comfortable with myself. I had just had a rough year in terms of identity, was recovering from that and was reminding myself who I was. When I joined, I wasn't sure if it was right for me. In fact, I almost quit thinking I was not ready yet. I remember thinking to myself that, 'maybe I was not prepared to do whatever needed to be done there.'

In retrospect, I think I was fully aware of my state in terms of identity, but being in M&B contributed immensely to my self-discovery process.

At the time, I was oblivious to the structure of M&B's sessions. We had just been introduced to an acronym, CREATE, and I remember thinking to myself, great, another acronym. From how speakers who offered mentorship sessions in high school had an acronym for everything. So, I wasn't entirely enthusiastic about it. My perspective towards M&B changed when I realized how much the mentorship and one-on-one sessions were impacting me. Turns out CREATE wasn't just another acronym, each letter in the acronym is a building block that unravels slowly, influencing you greatly as you unveil more of yourself and become. My mentor helped me change how I perceive things. He insisted that I flip the coin always, look for the silver lining in every circumstance. He also helped me shift my focus to things that matter more. Of course, everything does not change in an instant, but right now, I know I am more confident in myself than I was when I joined.

Joining M&B was the best big decision I made this year. Every day I embrace myself more and more. It feels like one of those 'I was blind but now I see' moments. Apart from that, how I handle situations has changed, I no longer second-guess myself. I have grown closer to my friends who joined the program with me and have gotten new friends and people I know I can rely on.



Above
HARRIETH CHEBET
Bsc . Business in IT
KCA UNIVERSITY

**Turns out CREATE
wasn't just another
acronym, each letter
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influencing you
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become..**

SOFTWARE ENGINEER
MULTIMEDIA
UNIVERSITY -ALUMNI



"What I love most about the program is no one will judge or undermine your weakness or your social background. You will get all the support you need to become the person you wanted to be."

MERCY KIPIYEGON

When I first heard about the M&B program, I was excited, I wanted a mentor in my life but I didn't know how or where to get one. Then this opportunity came and I was happy to grab it. When the program started, everything was not what I was expecting. There is so many things in M&B than just being mentored, you get to know and discover so many things about yourself: your personality, your strength and weaknesses. In my case am a defender, got to know so much about being a defender, my strengths and weaknesses. This knowledge has really been important to me in handling my day to day activities at home and at work, how I relate to others knowing that we have different personalities.

When I joined M&B I was very shy and I had very low esteem about myself. I did not believe in myself and my abilities, I undermined myself and did not appreciate my small achievements. But after going through the CREATE process with mentors, Bible study learning about my mandate and dominion and the one on one with my assigned mentor, so many things have changed in my life. Though am not where I want to be with my self-esteem, I appreciate the change that has happened in my life in such a short time. Just coming out of my cocoon is something am grateful for.

I am keeping my eyes on becoming and I will be the Woman I have always aspired to be. Sometimes I wish I had joined the program earlier but am still happy the opportunity came and I believe it's never too late for a positive change in life. Mentorship and beyond is a really nice program, you get to bond with strangers who become family. What I love most about the program is no one will judge or undermine your weakness or your social background. You will get all the support you need to become the person you want to be. The journey is not easy, getting the courage to overcome your fear is not easy but I trust the process and I will **BECOME. THANK YOU MENTORSHIP AND BEYOND, YOU ARE APPRECIATED AND LOVED.**

My journey at Mentorship and Beyond has been an empowering one. I stumbled upon M&B a few years ago but I just recently joined the program. I have gotten to walk an immensely thought provoking and intellectually stimulating journey that had me questioning what my purpose in the world is and what's my area of domination. I have also uncovered and learnt more about my personality which has greatly aided in my character development.

"I was able to reconnect with God and every passing day my personal relationship with God grows stronger."

The bible study meetings have been key to growing my spirituality. I was able to reconnect with God and every passing day my personal relationship with God grows stronger.

Mentorship and beyond has been instrumental in giving me the focus and stability that I was yearning for. Also my one on one session with my assigned mentor gave me the validation and words of affirmation that have made me realize my true value and want to grow, maintain and preserve it.

NINA MUKAMI
PROCUREMENT SPECIALIST
JKUAT ALUMNI





Nicholas Mwaniki
Supply Chain Management
Daystar University

So the first meeting I'm just remembering while laughing how sleepy I was and then on top of that we had to turn on our cameras. It took a while to adjust but I finally got the hang of it. I remember my family asking me what zoom meetings are conducted early Saturday mornings and I would proudly tell them mentorship program.

My first one on one meeting with my mentor and now dear friend was also let me say quite good on my end. I mean here's a guy I've never met and he's asking me to describe myself and tell him about my family background, what I like, the type of friends I have, regrets etc. which would later extend to the personal questions assignment and the expose assignment. It took a lot of boldness and vulnerability out of me. I'm glad because he also told me a lot about himself.

The program also gave me a chance to do the personality tests and I would like to say it was my first time and I'm glad I did it. I also did the entrepreneurship style test and doing the tests helped me realize and get to know myself even better and how I'm supposed to relate with other personality types. The shameless audacity assignment also was very worth it. I can say I'm more confident than I was now than when joining the program. I shook off my past which I cannot change and I'm now focusing on my future.

Bible study sessions were also very informative and engaging. I loved the discussions on our life's purpose, questions that were asked and the making of friends. I also loved how the program incorporates both the things of God and business activities.

One time during our one on one, My mentor told me that there's a difference in being spiritual and hiding in spiritualism, therefore I loved how the program balanced both the things of God and business.

The foundation program is a must have for every youth. The icing for me would be that it encourages us, the young people to dream without budgets and from there they work on us to actually take action on them. I hadn't realized it yet that business is me. Meaning I have to actually work on myself in the different pillars of life namely private, personal, professional and public. The program has helped me deal with undealt stuff in life which would have hijacked my purpose. One of the things also that I would feel unsatisfied not talking about before I'm done is my disguised positioning in society. I loved again this session and I believe it's important such that when God has given you a role in the society to play you are also an ambassador of Christ in the field. Wow!! one page is over, and I keep using the word love - excuse me for that, but yes I loved the experience at least now I can be able to fully introduce myself and not be sorry about it.

My journey first of all let me say has been really amazing, interesting and fun. A point to note, the program had earlier been introduced to me in 2019 but my schedule was very tight but I kept praying about it because I knew I needed a mentor at this stage in my life and not just a mentor but the right one. I remember being very inquisitive and persuasive to my dear friends what the program entailed when I saw them post about it in their WhatsApp this June 2020. They told me about the timings of the program first. I remember freaking out a bit about it but I knew it would be possible if I was willing. I registered for the program eagerly of course and I was very excited to have a mentor especially a male kind not because I'm biased but because I had daddy issues and the fact that it was a Christian program was a big plus for me.

"I loved the discussions on our life's purpose, questions that were asked and the making of friends. I also loved how the program incorporates both the things of God and business activities."